

Table 9. Comparisons of MRA and ENaC Inhibitors*

Drug	Typical starting dose in PA	Possible maximum dose in PA****	Usual cost
Spironolactone	12.5–25 mg/d	200 mg/d	\$
Eplerenone	25–50 mg bid	200 mg bid	\$\$–\$\$\$
Finerenone**	Unknown; 10–20 mg/d	unknown	\$\$\$\$
Amiloride	5–10 mg/d	40 mg/d	\$
Triamterene***	50–100 mg/d	300 mg/d	\$

*Data are very limited, mostly from observational studies using fixed doses in hypertension, uncertain outcomes and titration protocols.

**Data are very limited in PA individuals .

***Often supplied as combination with hydrochlorothiazide.

****Specialist consultation recommended if doses above these ranges appear to be necessary.