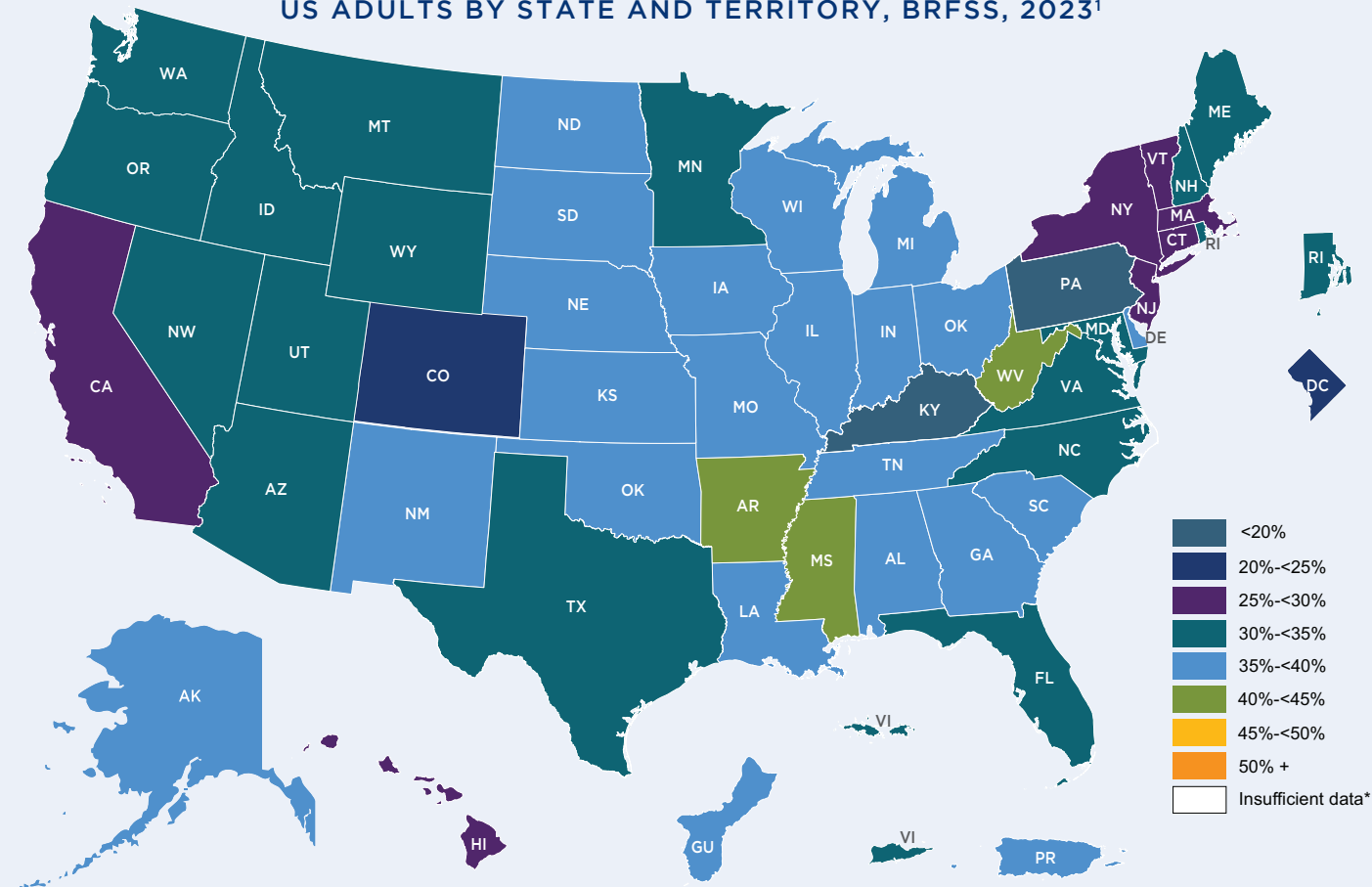


OBESITY

FACTS AND FIGURES

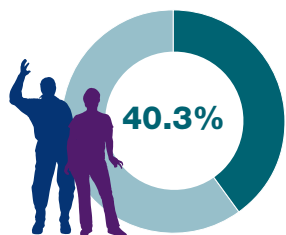
PREVALENCE OF SELF-REPORTED OBESITY AMONG US ADULTS BY STATE AND TERRITORY, BRFSS, 2023¹



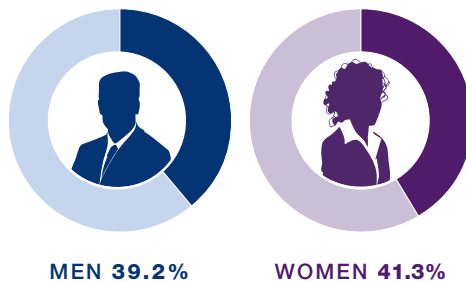
Source: Behavioral Risk Factor Surveillance System

*Sample size <50, the relative standard error (dividing the standard error by the prevalence) ≥30%, or no data in a specific year.

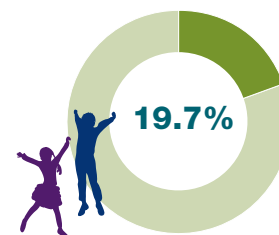
AMONG US ADULTS²



IN MEN VS. WOMEN²



AMONG US CHILDREN³



¹ <https://www.cdc.gov/obesity/data-and-statistics/adult-obesity-prevalence-maps.html>

² <https://www.cdc.gov/nchs/products/databriefs/db508.htm>

³ <https://www.cdc.gov/obesity/childhood-obesity-facts/childhood-obesity-facts.html>

OBESITY FACTS AND FIGURES

NATIONAL SECURITY



OVER 1 IN 3 YOUNG ADULTS IS TOO HEAVY TO SERVE IN THE MILITARY.⁴



THE DEPARTMENT OF DEFENSE SPENDS

\$1.5 BILLION

IN ESTIMATED ANNUAL OBESITY RELATED HEALTH CARE COSTS FOR SERVICE MEMBERS AND THEIR FAMILIES.⁴



658K

LOST WORKDAYS

WERE DUE TO ACTIVE MILITARY PERSONNEL WITH OBESITY-RELATED CONDITIONS.⁴



THE US ARMY FELL 25% SHORT OF ITS RECRUITMENT GOAL.⁴






MEDICAL CARE AND PERSONAL HEALTH



\$173 BILLION

ESTIMATED ANNUAL OBESITY-RELATED MEDICAL CARE COSTS IN THE US⁵

OBESITY IN CHILDREN AND ADULTS INCREASES THE RISK FOR THE FOLLOWING HEALTH CONDITIONS⁶

-  High blood pressure and high cholesterol, which are risk factors for heart disease.
-  Type 2 diabetes.
-  Breathing problems, such as asthma and sleep apnea.
-  Joint problems such as osteoarthritis and musculoskeletal discomfort.
-  Gallstones and gallbladder disease.



PEOPLE LIVING WITH OBESITY ARE 194% MORE LIKELY TO USE PAID TIME OFF THAN COLLEAGUES WHO DID NOT HAVE OBESITY.⁷

⁴ <https://www.cdc.gov/physicalactivity/resources/unfit-to-serve/index.html>

⁵ <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0247307>

⁶ <https://www.cdc.gov/obesity/basics/consequences.html#:~:text=Obesity%20in%20children%20and%20adults,for%20the%20following%20health%20conditions.&text=High%20blood%20pressure%20and%20high,as%20asthma%20and%20sleep%20apnea>

⁷ <https://pmc.ncbi.nlm.nih.gov/articles/PMC3047996/>